YOUR LIVER AND

BOWELS RIGHT

They're Fine! Don't Remain

Bilious, Sick, Headachy

and Constinated

Best for Colds, Bad Breath,

Sour Stomach; Children

Love Them

Be cheerful! Clean up inside to-

night and feel fine. Take Cascarets to

liven your liver and clean the bowels

and stop headaches, a bad cold, bili-

ousness, offensive breath, coated

tongue, sallowness, sourestomach and

gases. Tonight take Cascarets and

enjoy the nicest, gentlest liver and

bowel cleansing you ever experienced. Wake up feeling grand-Everybody's

doing it. Cascarets best laxative for

That the Japanese Association of

Hawaii should be strengthened if it

is to be regarded as a representative

body and so express itself, is the opinion of Dr. Iga Mori, president of

the Hawaiian Japanese Medical As-

sociation and one of the best-informed

Japanese in the islands. Speaking on

"It is most important for the Jap-

anese of Hawaii to have some powerful organization to look out for their

interests and protect them. If the present Japanese Association of Hawaii has become the tool of certain cliques within the organization, how can it act as it should act, for the benefit of the Japanese as a whole?

It is not strong enough now to represent the Japanese in this territory. It might be the best policy to call in

some prominent person who is wellknown and influential, such as Amdo Taro or Dr. Shiga. Let us have an

FORMER HONOLULU WOMAN DIES IN TASMANIA; HAD LIVED THERE MANY YEARS

Relatives in Honolulu have received news of the death of Mrs. Ellen Fenton Lamprill, wife of C. H. Lamprill

of Hobert, Tasmania. She died on March 31, the latest newspapers from

the southern colonies bringing the

details to relatives in Honolulu, where

She was a Miss Bolster of this city

of the well-known Bolster family, and

went to Australasia more than 20 years ago, being 46 at the time of her

ELLIS WINS BILLIARD TITLE.

champion three-cushion billiardist, retained his title when he defeated

Pierre Maupome of St. Louis in a

whirlwind game. The score was 150

to 143, Ellis having climbed from six I

Only wonderful billiards helped the champion through to victory, for the Mexican expert fought hard until the

last ditch. Ellis made the high run

of the evening and of the match, taking six points in the forty-fourth in-

ning. It required 79 innings to complete the block and 214 for the match.

PITTSBURG, Pa.-Charles Ellis,

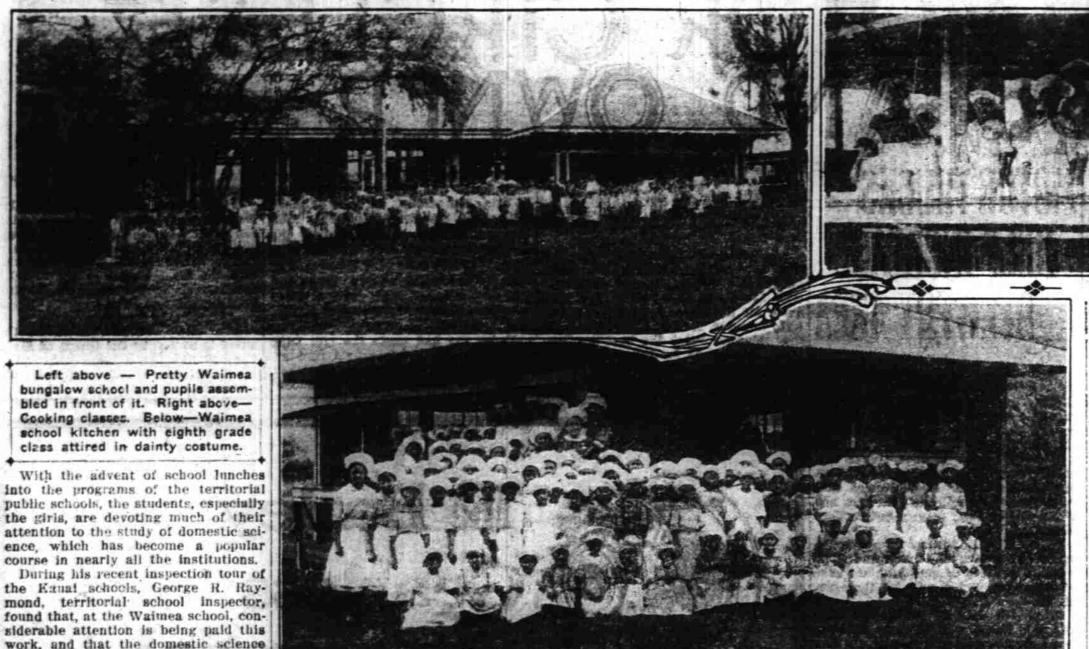
she formerly lived.

points behind.

organization of usefulness."

children also .- Adv.

Waimea School, Kauai, Makes Splendid Progress in Domestic Science



work, and that the domestic science classes are unusually well attended.

"A teacher is paid by the state or, locally, by the territory, to understand the pupils and to guide them along the path toward an education," says Inspector Raymond. "The present day tendency in school work is more a utilitarien one and the pupils are expected to leave school, in a truly modern wistem, as machinists, artists, musicians, chefs, or artisans of some sort at least. Such work has been much overdone in attempting to define vocational education.

Problem a Serious One.

tion for the girl is not only serious but ners of the pupils in the work at all a most perplexing one. Although she times. Talks on the origin, growth, may wish to enter a certain trade, of or manufacture of many things used ace work, or a profession for some in the work are given by the teacher period of time, she hopes ultimately and the work in geography, arithto establish herself in a home and en- metic and even history are made more ter upon the duties required of household management, economically. Briefly, it is one that must have a two-fold

"The chief workshop of woman will be, and outedly, the home, and the of the possibilities in such school should be allowed to acquire a knowledge and skill necessary to make her eventually an efficient household manager.

"The special branch of vocational education known as domestic science has proved highly successful in the territorial public schools, where such work has been developed; both for the educational processes involved and also from the value of furnishing nourishing foods properly prepared and satisfactorily served to the pupils,

outline of work in domestic science for the reason that each large school in the territory has local problems that can be best solved by the vocational teacher at the school. The age of pupils, their maturity and previous experience in such work, as well as

DES NOT AFFECT THE HEAD

LAXATIVE BROMO QUININE will be found better than optimary Quinine. Does not cause nervosumess, nor ringing in the bead. Remember, there is only one "Bromo Quinine." The signature of E. W. Grove is on each box.

Make Studies More Real.

acquired is of such practical value to about 13 years. the girl that it will ultimately affect the social and moral conditions for lunches: the better in this territory. Stress is "The problem of vocational educa- laid upon the deportment and manreal to the pupil.

"Teachers in vocational work ought to have a sympathetic appreciation of the wants of boys and girls in vocational education, as well as a vision work for the pupils and the community. In vocational teaching, equal school, says: opportunities must be allowed each pupil. This can only be secured by that underlie the selection of foods recognizing that the individual differ- and the planning of meals, real cleanences in native capacity and social en. liness in the preparation and care of vironment are such that the educa- food, simple and nourishing meals tional requirements for efficient work. | that can be cooked on a kerosene tin ers must be carefully considered and properly planned.

public schools have come to stay, although tedious problems of development have only been equalled by the indefatigable toil necessary for existence. The efficient teachers of such work have paved a permanent way." Says Lunch Carts Menace.

Not only in Honolulu, but in pracother islands, the school luncheon is and Chinese who make a business of catering to the school children, selling not only small pies, cakes and doughnuts, but cheap candy, ice cream | the schedule for the summer work. and soda water. In a recent statement to the Star-Bulletin, Circuit Judge C. W. Ashford openly conto the health of the school children.

tions, the food and preparation of it! Reports from the Waimea school according to custom, are all such im- show that from September, 1915, to portant factors that no uniform April, 1916, 11,227 five-cent lanches course of study would be appricable and 5934 two and one-half cent in domestic science for all territorial lunches were served, making a total of 17,161 for the period. Ninety-two girls are enrolled in five domestic sci-"The technical skill developed and ence classes, the average age being

Here are two simple five cent Boiled Rice Meat Stew

Bread Jelly Cocoa

Vanilla Junket Pineapple Postum Bread Two simple two and one-half cent lunches:

> Cocoa Bread Slice of Pineapple

Roselle Jam

Classes Have Aim.

Mrs. H. C. Brown, who is domestic science instructor at the Waimea 'Our aim is to teach the principles

or a mud oven, and the names and uses of the common utensils to be "Cooking classes in the territorial found in an ordinary kitchen. Few cakes or fancy dishes appear on our menus and no attempt is made to turn out 'trained cooks.' We hope we are helping these girls to be better fitted to be good wives and mothers."

Special courses in English for the boys of the association is the aim of tically all of the public schools on the R. E. Lambert, boys' secretary of the Y. M. C. A. During the summer hikes their environment, their home condi- displacing the lunch carts and wag- this year the boys will be taught the ons, usually maintained by Japanese proper methods in educational work under responsible tutors. Week-end hikes will be taken on this island, and a ten day's hike on Kauai will form

> The port of Archangel has been closed to all vessels except those cardemned these push carts as a menace | rying exclusively cargo for use by the Russian government.

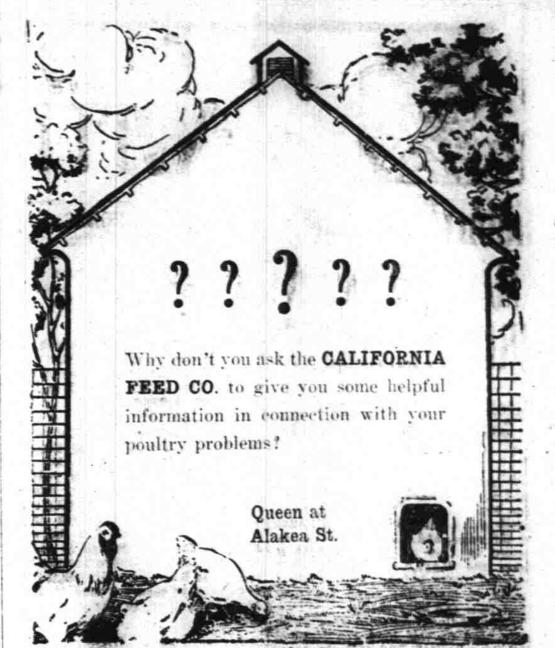
CLAIMS BOTH HIS WIFE AND SAVINGS ARE STOLEN

Stealing his wife and his year's cavings, too, is the double charge ade by Park, a planter of Kamai, Hawaii, against Lee Chong Hyun, who was arrested by the police this afternoon. All are Koreans.

Park's wife, Maria, has been bound ver to the grand jury on a white slavery charge, resulting from the trouble. Park claims Hyun took \$275. The husband admits that his wife is in love with liyun, but says she should not desert her two infant chil

DETROIT, Mich., April 26.-Ch cago Athletic Association defeated Yale University in a dual swimming meet at the Detroit Athletic Club here last night, 34 to 27. The work of Kenneth Huszagh of Chicago was a feature of the meet. He took three firsts and his work in the 200-yard relay helped the Chicago boys to win that event. Yale took first place in only one event.

aussian petroleum output in 1915 was 0,152,000 tons against 8,912,000 in



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-That it Manufactures more than 90,-000,000 pounds of Rubber Goods yearly?

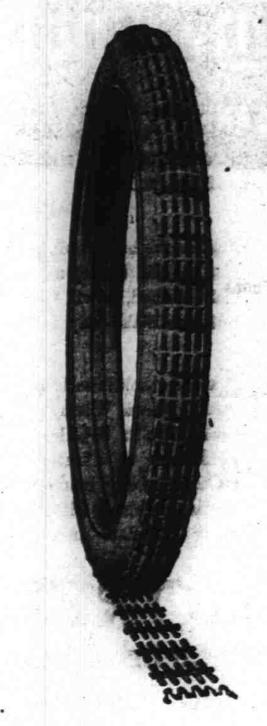
-That it has had 45 years of Experience in learning how to get the MOST SER-VICE out of RUBBER, at the LOWEST

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PRICE LIST USUAL SIZES AUTOMOBILE TIRES

Size	Regular Q. D. or Straight Bead Smooth Tread	Regular Q. D. or Straight Bead Safety Tread		Brown Tubes
28x3	\$ 9.35	\$ 9.80	\$2,50	\$2.80
30x3	9.90	10.40	2.60	2.90
30x3½	12.75	13.40	2.95	3.36
31x3½	13.35	14.00	3.05	3.46
32x3½	14.70	15,45	3.05	3.45
34x3½	16.40	17.20	3.25	3.60
31x4	19.75	20,75	4.05	4.50
32x4	20.10	21.10	4.05	4.6
33x4	20.95	22.00	4.30	4.80
34x4	21.35	22.40	4.40	4.90
35x4	22.20	23,30	4.50	5.00
36x4	22.55	23.70	4.60	5.16
58853	-			
33x41/2	28.20	29.60	5,45	6.05
34x4½	28.60	30.05	5.50	6.10
35x41/2	29.70	31.29	5.60	6.20
36x41/2	30.10	31.60	5.70	6.33
37x4½	31.20	32.75	5.85	6.50
35x5	33.85	35.55	6.70	7.4
36x5	34.25	35.95	6.80	7.5
37x5	35.55	37.35	6.95	, 7.70
38x5½	48.20	50.60	7.55	8.4
CAUTION-		a s acify ty		-
D. or Strai	ght Bead;	also style	of trea	



Size	Regular Q. D. or Straight Bead Smooth Tread	Regular Q. D. or Straight Bead Safety Tread	G		Brown Tubes
28x3	\$ 9.35	\$ 9.80	82	2.50	\$2.80
30x3		10.40		2.60	2.90
30x3½	12.75	13.40	. 2	2.95	3.36
31x3½	13.35	14.00		3.05	3.4
32x31/2		15.45		3.05	3.43
34x3½	16.40	17.20		3.25	3.60
	0.000	2.5			
31x4	19.75	20.75		1.05	4,5
32x4	20.10	21.10		1.05	4.6
33x4	20.95	22.00		1.30	4.80
34x4	21.35	22,40		4.40	4.90
35x4	22,20	23,30	7	1.50	5.00
36x4	22.55	23,70		1.60	5.10
33x41/2	28.20	29,60	- 5	.45	6.03
34x41/2	28.60	30.05		.50	6.10
35x4½	29.70	31.29		6.60	6.2
36x41/2	30.10	31.60		.70	6.3
37x4½	31.20	32.75		.85	6.5
35x5	33.85	35.55	1 4	6.70	7.4
36x5	34.25	35.95		6.80	7.5
37x5		37.35		6.95	, 7.7
38x5½	48.20	50.60	10.	7.55	8.4
CAUTION-		o s ecify	type, i	. e	Reg. C

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